

Behavioral Health and Substance Use Disorder Plan 2024

*ADVANCING A RESILIENCE AND RECOVERY ECOSYSTEM OF CARE
ONE INITIATIVE, ONE INDICATOR AT A TIME*

Palm Beach County Advisory Committee on
Behavioral Health, Substance Use
and Co-Occurring Disorders

March 14, 2024



**Palm Beach County
COMMUNITY
SERVICES**

Helping People Build Better Communities





OBJECTIVES

- Overview
- Review draft 2024 Plan priority and settlement fund recommendations.
- Guidelines for settlement funds.
- Process for allocation and distribution of ad valorem and settlement funds.





OVERVIEW

- Past distinction: epi-center of overdose deaths in Florida and fraud and abuse in the treatment and recovery residence sector nationally.
- Current distinction: Palm Beach County looked to for leadership in person-centered, recovery-oriented, and crisis care
- Board of County Commissioners leadership through:
 - Approved 2017 Opioid Response Plan
 - Approved behavioral health and substance use disorder as a strategic priority since 2019
 - Major goal: establish person-centered, recovery-oriented system of care
 - Approved Behavioral Health and Substance Use Disorder Plan 2022
 - Established Advisory Committee on Behavioral Health, Substance Use and Co-Occurring Disorders (BHSUCOD)
 - Declared expressed approval of a person-centered, recovery-oriented system of care.

Clear system of care path set since 2019 that is person-centered and recovery-oriented which is focused on improved long-term recovery outcomes and increased resiliency





BHSUCOD OVERVIEW

- Operationalized as Steering Committee in 2019, developed 2022 Plan.
- Operationalized as Advisory Committee in January 2023.
- Enhance the County's capacity and effectiveness in formulating behavioral health and substance use disorder policies.
- Offer recommendations regarding the County's provision of services to its citizens.
- Make recommendations on responding to the opioid epidemic, as provided in section 17.42 of the Florida Statutes (2022).





BHSUCOD OVERVIEW

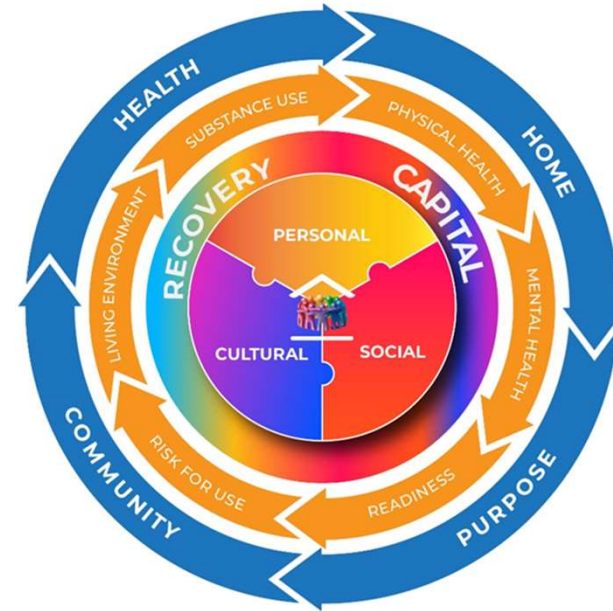
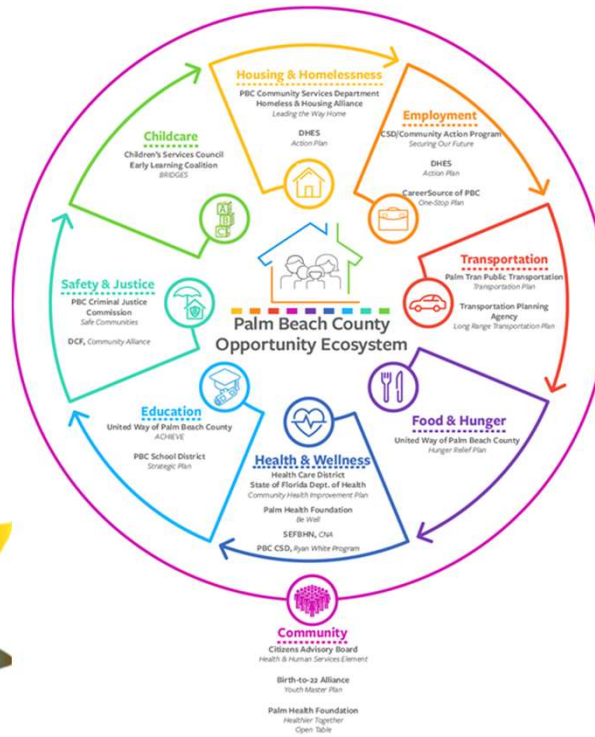
- Community Input Sessions
- Reviewed and Analyzed Data
- Subcommittee discussions
- Develop priority and settlement fund recommendations
- BHSUCOD
 - Discussion and public comment (Mar. 14)
 - Comment period through Mar. 29. at 5:00 pm
 - Approval (Apr. 11)
- Board of County Commissioners approval (date TBD)





BHSUCOD OVERVIEW

Creating and Maintaining Palm Beach County's Opportunity, Resilience and Recovery Ecosystems



- Health and Human Services Element
- Citizens Advisory Committee on HHS
 - BHSUCOD





PLAN 2024 OVERVIEW

- Details initiatives and outcomes to achieve BCC aim to establish person-centered, recovery-oriented system of care and resilience/recovery ecosystem that creates recovery-ready communities.
- Details recommendations regarding the County's provision of services.
- Details recommendations on responding to the opioid epidemic, as provided in section 17.42 of the Florida Statutes (2022).
 - Mindful settlement funds realized due to malfeasance resulted in untold loss, death and devastation wreaked upon individuals, families and communities.
- Recommendations through a recovery capital framework and ability to capture resilience, health, well-being, SDOH and risk factors.
 - Supported by county-based and national research and informed by direction set by the federal government.

STRUCTURE

- Executive Summary (p. 1)
- Review of Progress (p. 3)
- Priority and Opioid Settlement Recommendations (p. 31)
- Foundational Plan Elements (p. 40)
- Theory of Action (p. 48)
- References (p. 64)
- Appendix (p. 68)





Overarching Priority Recommendations (Continued from 2022)

1. BCC enactment of ordinance designating lead entity granting it leadership, budget, planning and monitoring authority.
2. Advocate for policies and legislation which advance person-centered, recovery-oriented systems of care and essential services that meet individual's needs and are readily accessible and integrated.
3. Identify and provide sustainable resources (essential services) for individuals re-entering the community such as those provided through the Community Services Department's federal grant research project, Comprehensive Opioid, Stimulant, Substance Abuse Program (COSSAP). (Housing and peer support, care coordination, flex funds).
4. Implement person-centered, recovery-oriented system of care that is readily accessible and integrated inclusive of Neutral Care Coordination; Care Provider Network and Recovery Supports to ease transitions and continuity of care, remove barriers and improve longterm recovery outcomes.





Overarching Priority Recommendations (2024)

1. Recommendation to BCC that the County (through the work of the BHSUDCD Advisory Board) lead and/or support comprehensive planning process between SEFBHN, HCD and other community partners to drive alignment, coordination, shared commitments, shared accountability, and clarify roles and responsibilities.





Prevention and Education Priority Recommendations (Continued from 2022)

1. Educate the community regarding:
 - Impact of substance use on brain development.
 - Narcan deployment, safe storage / disposal of prescription drugs (i.e. pill drops and drug take back programs)
 - How to select providers, avoid unethical providers; and, navigate insurance coverage.

2024

1. Support integrated services in Palm Beach County schools.
2. Advocate for family trainings in and out of schools.
3. Education on Adverse Childhood Experiences (ACEs) the need for trauma-informed care.
4. Support behavioral health technician's curriculum for high school students and promote MH and SUD professional internships.





Justice System & Public Safety Priority Recommendations (Continued from 2022)

1. Identify / develop alternative community placements in areas where there are few if any available.
2. Identify and provide sustainable resources (essential services) for individuals re-entering the community such as those provided through the Community Services Department's federal grant research project, Comprehensive Opioid, Stimulant, Substance Abuse Program (COSSAP). (Housing and peer support, care coordination, flex funds).
3. Advocate for the Palm Beach County Sheriff's Office to carry and use Narcan when responding to overdose calls.

2024

1. Work with law enforcement and courts to intervene with offenders' misdemeanors earlier and provide treatment options.
2. Demonstrate results through efforts like COSSUP and MAPS.
3. Fund more peer-to-peer efforts in SUD, MI, justice and corrections.





Treatment and Recovery Priority Recommendations (Continued from 2022)

1. Advocate for increased Medication Assisted Treatment (MAT) through mobile services which will help individuals who are without transportation and need the continuing support of MAT.
2. Implement person-centered, recovery-oriented system of care that is readily accessible and integrated inclusive of Neutral Care Coordination; Care Provider Network and Recovery Supports to ease transitions and continuity of care, remove barriers and improve long-term recovery outcomes.
3. Develop communication protocols and Memoranda of Understanding (MOU) across provider and funding entities that will facilitate information sharing that allows for seamless transition of clients from one service or provider to another, based on individualized treatment and recovery plans, with appropriate warm hand-offs

2024

1. Advocate for options for MAT and evaluate efforts.
2. Target efforts to address use disorder and pain to prescribers and support the medical community in peer education.
3. Integrate trauma-informed care.





Essential Services Priority Recommendations (Continued from 2022)

1. Develop, identify, and maintain a real-time inventory (dashboard) of affordable, safe housing (recovery, supportive, transitional and permanent) for persons in recovery and other persons in recovery with diverse needs. (I.e. pregnant women, women with children, families, LGBTQ+, MAT, co-occurring).
2. Identify and disseminate resources to persons in recovery, providers and others related to technical and career training as well as employment services.
3. Establish an Ombudsman and processes to assist individuals removed from, or at risk of being removed, from their housing.

2024

1. Create an up to date list of recovery oriented care options in the County.
2. Implement a housing pilot program.
3. Support permanent affordable and supportive housing.
4. Encourage medical providers to include social determinants of health in diagnosis.





Evaluation and Monitoring Priority Recommendations (Continued from 2022)

1. Collaborate, coordinate, evaluate and disseminate with the Department of Health (O2DA) to obtain and share timely mental and/or substance disorder related data (i.e. RCI, overdose, Narcan deployment, mobile crisis, ER visits) from hospitals, fire rescue, law enforcement, Health Care District, Southeast Florida Behavioral Health Network and Medical Examiner's Office through a dashboard and other means.
2. Identify entities that are currently not reporting data and advocate for them to be required to do so.
3. Deploy RCI specifically with providers and more broadly in the community in order to collect data to determine success in achieving improvements in long-term recovery outcomes as well as overall community wellness.

2024

1. Dashboard for shared data.
2. Evaluate number of MAT options available to individuals.
3. Maximize use of research and RCI data to improve the health and wellness of clients, program participants, policy makers, families, communities, and partners.





Faith Based Priority Recommendations (2024)

1. Engage faith leaders and organizations in the update of the Master Plan and support faith efforts to serve communities.
2. Deploy RCI specifically with faith-based entities in the community in order to collect data to determine success in achieving improvements in long-term recovery outcomes as well as overall community wellness.
3. Advocate funding for Pastor Associations to educate church leaders about recovery-centered resources including Hubs, trauma informed care and importance of destigmatizing substance use and behavioral disorders.





Addiction Stabilization Unit Priority Recommendations (2024)

1. In partnership with the Health Care District, contract with one emergency department to serve as an addiction stabilization unit and train fire rescue accordingly.
2. Connect emergency services to an outpatient facility and provide case management and social work assistance.
3. Complete an after action review to assess the use of the model and lessons learned.





Settlement Funds

- Recommendations are integrated into 2024 Plan's overarching and priority recommendations
- Foundation established for approved uses

Interlocal Agreement with Municipalities

- Qualified County
- Qualified county must enter into an agreement with municipalities whose populations, taken together, contain more than 50% of the municipalities total population
- County must have an abatement plan and a task force that advises, plans and provides for programs relating to the abatement of opioid abuse and other substance abuse throughout PBC
- Opioid Settlement Funds must be expended in Palm Beach County
- County must provide legal services, contract management, program monitoring and reporting required by the Florida Plan

No Direct Funds

Atlantis
Belle Glade
Briny Breezes
Cloud Lake
Glen Ridge
Golf
Haverhill
Hypoluxo
Juno Beach
Jupiter Inlet Colony
Lake Clarke Shores
Lantana
Manalapan
Loxahatchee Groves
North Palm Beach
Mangonia Park
Palm Beach Gardens
Pahokee
Palm Beach Shores
Tequesta
Westlake





Settlement Funds

<u>CITY / COUNTY</u>	<u>REGIONAL / ABATEMENT</u>
1,252,081.64 (year 1)	14,575,999.21 (year 1)
2,814,714.93 (year 2)	6,882,120.16 (year 2)
4,066,796.57 (sub-total)	21,458,119.37 (sub-total)
24,791,658.48 (18 years)	97,694,428.99 (18 years)

TOTAL: 25,524,915.94 (To Date)





Settlement Funds Approved Uses Summary

Appendix F for Comprehensive List

PART ONE: TREATMENT

- Treat Opioid Use Disorder
- Support People in Treatment and Recovery
- Connect People Who Need Help to the Help They Need (Connections to Care)
- Address the Needs of Criminal-Justice-Involved Persons
- Address the Needs of Pregnant Women and Their Families, Including Babies with Neo-Natal Abstinence Syndrome

PART TWO: PREVENTION

- Prevent Over-prescribing and Ensure Appropriate Prescribing and Dispensing of Opioids
- Prevent Misuse of Opioids
- Prevent Overdose Deaths and Other Harms (Harm Reduction)

PART THREE: OTHER STRATEGIES

- First Responders
- Leadership, Planning and Coordination
- Training
- Research





Settlement Funds Recommendations

- Provide sustainable resources (essential services) including housing, peer support, care coordination, and flex funds which mirrors the federal COSSUP program.
- Establish a housing initiative that is focused on stable placement as well as affordability and include transitional, recovery, supportive living and permanent opportunities for individuals with substance use and mental disorders.
- Establish a Housing Trust and/or Revolving Loan Fund to support expanding housing opportunities for individuals with substance use and mental disorders.
- Establish a non-conflicted neutral care coordination entity serving as a single point of contact providing assessment, level of care determination, referral, prior authorization and payment of certain care, and, care monitoring across clinical and non-clinical recovery support and social services.
- Expand Syringe Services Program capacity and opportunities.





Settlement Funds Recommendations, cont'd.

- Expand comprehensive recovery and treatment services, including MAT, for populations with substance use and co-occurring disorders demonstrating high need and prioritizing pregnant and parenting women.
- Promote recovery-ready work environments and expand transportation and employment opportunities for individuals with SUD and co-occurring MH conditions.
- Create public awareness campaigns that promote recovery-ready communities focused on improving mental as well as overall health and wellness in order to build resilience in individuals and communities.
- Create and/or support community-based education or support services for families, youth, and adolescents at risk for SUD and any co-occurring MH conditions.
- Expand County's MH/SUD research capacity and enhance its monitoring, surveillance, data collection, and evaluation capabilities.





Ad Valorem and Settlement Funds Allocation Process

- Discuss Timeline with BHSUDCD Advisory Committee
- Host Meeting to Discuss the Notice of Funding Opportunity and to Highlight Strategic Priorities
- Issue NOFO
- Review Proposals (with selected review committee which usually includes 1 BHSUDCD board member, 1 Subject Matter Expert and 1 CSD staff member)
- Bring Recommendations to the BHSUDCD
- Bring Recommendations to the Board of County Commissioners for final approval

* Only nonprofit organizations are eligible to apply for NOFO

