Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center

Palm Beach County
Board of County Commissioners

Palm Beach County
YOUTH
Services
Growing Brighter Futures

Bullying:
Helping to Create an Inclusive Community

Presented by Megan O'Connor-Szuma, Ph.D.

Wednesday, May 29, 2024
9:30 am - 11:30 am

Location: <u>Zoom Remote Video Conference</u>
Once registration is confirmed, link to access the training will be provided

Registration Fee:
There is <u>no cost</u> associated with this presentation

Continuing Education:
2 CE credits will be offered

Registration Link:
https://www.surveymonkey.com/r/8SR55JR

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on May 28, 2024
In order to receive a certificate you must be present for the entire training.
Zoom monitors attendance from the time each participant logs in and out of the
training. Exceptions will not be granted.

Description:

Bullying is a form of aggressive behavior in which someone intentionally and repeatedly causes another person injury or discomfort (APA, 2024). It can occur in a variety of social settings and even over the internet. Research shows that bullying is a prevalent problem with one in five of high school students being bullied (CDC, 2023). As mental health professionals and members of the community, we commonly work with individuals who have been bullied. In many situations, bullying can have a lifelong impact and be a source of trauma for the individual. The purpose of this intermediate-level presentation is to inform professionals about bullying, how to identify it, understand its impact, and how to help manage its impact in our community and clinically with our clients.

Learning Objectives:

After completion of this presentation, participants will be able to name the following:
1) Identify what bullying is and the signs of bullying
2) Discuss the impact of bullying and its warning signs
3) Identify ways to help in the community as well as clinically.

Presenter:

Megan O'Connor-Szuma, Ph.D. is a postdoctoral fellow with the Palm Beach County Youth Services Department, currently providing family, group, and individual therapy services at Highridge Family Center. Megan earned her Bachelors in Human Biology and Psychology from Michigan State University. She received her Master's Degree and Doctorate in Clinical Psychology from the University of Detroit Mercy. She has a background in working with youth and their families in a variety of settings including a child psychiatric inpatient facility, a university counseling outpatient clinic, and in a medical outpatient facility. Her research interests include the impact of trauma, body image, and attachment on individual functioning.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2025).

Youth Services Department, Palm Beach County is approved to provide continuing education to RN's, ARNP's, LPN's and CNA's by the Florida Board of Nursing (Provider # 50-533, expires October 31, 2024).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact Cristal Montepeque at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460

Zoom Instructions

If you have never used Zoom before, you will need to click on the attendee link (below). Once you click join you will be prompted to download and install Zoom. You may also download the Zoom app on a computer or mobile device.

Please register for the webinar and make sure that software is working prior to Wednesday's 9:30 webinar.

How to Ask Questions During Zoom:

1. Click the Chat icon in the top toolbar.

2. Use the "Send to" drop-down menu to select the recipients of the message.

    •   **Everyone** – All participants will see the message in their Chat pane.

    •   **Organizer(s) only** – All organizers will see the message in their Chat pane.

    •   **Individual attendee** – Only the selected organizer or attendee will receive the private message.

3. Type your message in the text field, then click **Send.**

Please click the link below for more help:

https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting